



**CIRCLE OF
SECURITY
PARENTING**



Circle of Security Parenting Programme

Starts 21st January 2026



Scan to Self Refer

THE CIRCLE OF SECURITY PROGRAMME HELPS YOU TO UNDERSTAND YOUR CHILD'S EMOTIONAL WORLD, SUPPORT YOUR CHILD TO SUCCESSFULLY MANAGE EMOTIONS AND ENHANCE YOUR CHILD'S SELF ESTEEM.

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I'm a lot calmer now and I understand that everyday is not going to be great, my child just needs me to understand his feelings.

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The relationship is much more positive between me and my children. There are more good days than bad because I now know how to comfort my children even on bad days.

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I have a different awareness and I can be bigger, stronger, wiser and kinder.

VENUE:



Carshalton Family Hub & Children's
Centre (previously Tweeddale)
Tweeddale Road, Carshalton,
SM5 1SW



To book or make enquiries please contact:

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Or visit www.sutton.gov.uk/childrenscentres

www.homestartsutton.org.uk

