

MAKE A DIFFERENCE – DONATE TODAY

The demand for our services is at an all-time high, as families face unprecedented challenges In these critical times, your support becomes indispensable. By donating, you can help us provide essential support to those in need. Every contribution, no matter the size, brings us closer to making a significant impact in the lives of young children and their families. Please consider donating today to help us continue our vital work in the community.

Do you work with or know an organisation who would sponsor us as their local charity?

If you are considering leaving a gift in your Will, a legacy to Home-Start Sutton can help ensure local families continue to receive the support they need for years to come

- Every penny raised goes towards services supporting families in Sutton.
- £35 pays for a child to go on our summer trip
- £100 trains a volunteer, ready to go into a family home and offer practical support
- £1,200 supports a family with a volunteer for a year
- £1,500 will take 100 children, young people and families on the trip to the seaside
- £2,500 funds an accredited Parenting programme for 12 parents

£5

HOME START

#RealLifeParenting

Enables a mum or dad to attend a local family group for friendship and support

£10

HOME START

#RealLifeParenting

Funds a volunteer's first visit to a family asking for support

Scan to donate

Don't forget, if you are a UK Taxpayer, we can claim a further 20% on your donation via Gift Aid!

THANK YOU FROM THE HOME-START SUTTON TEAM!

Alberta Atkinson
CEO

Charlotte Donovan
Finance & Business
Support Officer

Gayle Sawyer
Family Coordinator

Josie Atkins
Group Coordinator

Kim Farlow
Senior Coordinator

Natalie Mulcahy
Volunteer Lead

Rachel Davey
Family Coordinator

Please visit www.homestartsutton.org.uk for more information

HOME START SUTTON

40TH Anniversary

SUPPORTING FAMILIES SINCE AUGUST 1984

Celebrating 40 years

Supporting the lives of children & their families in the London Borough of Sutton

Impact Report

2024/25



Dear Friends,

Welcome to Home-Start Sutton!

Being a parent can be overwhelming and no family should have to face challenges alone. Home-Start Sutton offers a supportive hand to families with young children in the London Borough of Sutton, helping them navigate difficulties like financial crises, insecure housing, mental health issues, pregnancy related traumas and so much more.

We are a community of dedicated volunteers and staff who understand the power of human connection. By offering compassionate, confidential support in families' homes, through community-based groups and parenting courses we help parents regain their confidence, reduce isolation and connect to other services and support. We know that the first 1,001 days are a critical time for a child's development, and we are committed to making sure every child has the best possible beginning.

Alberta Atkinson
CEO, Home-Start Sutton



Our Impact



**96% Higher
Self Esteem**

**91% Feel Less
Isolated**

We use a self-reporting coping scale across 13 indicators for parent's and children's well being, parenting and family/household functioning. At referral the following needs were indicated from 149 referrals.

55 Advocacy families supported (no outcomes recorded)

**91% Improved
Mental Health**

**82% Child's
Behaviour
Improved**



OUR SERVICES

Volunteering is at the heart of Home-Start Sutton

Services

Home Visiting Service
(Volunteer Mentoring)

The POD
(Temporary
Accommodation)

Moving On Together
(families with additional
needs)

Weekly Support Groups

Perinatal Mental Health
Peer Support

Teas and Tots weekly group
for parents of under 2's

Family Support Group

Courses

COSP (Circle of Security)

Nurturing Parent Programme

Domestic Abuse
Nurturing Parent

Preparation Course
for Volunteers



Thank you to our Funders!



Sutton Commissioning our Vital Services
The POD (drop in service for temporary accommodation)
COSP (Circle of Security Programme)
Peer Advocacy



**COMMUNITY
FUND**



South West London



PLAYWISE



SGN

Your gas. Our network.

Our Sponsor EventUK



EventUK chose to partner with Home-Start Sutton because of the incredible work they do to support local families through challenging times.

Their volunteer-led approach and genuine care for the community align closely with our own values.

This year, we were proud to raise funds to provide a special day out for families at Bocketts Farm, offering parents and children a chance to relax and connect with each other.

We also had great fun hosting a charity quiz night, bringing people together to support this wonderful cause.

We're delighted to continue supporting Home-Start Sutton's vital work in 2026.



A Huge Thank You to EventUK!

Home-Start Sutton would like to extend our heartfelt thanks to EventUK for choosing us as their local charity to support. Your generous contribution made it possible for our families to enjoy a wonderful day out at Bocketts Farm for our annual family trip. Thanks to your kindness, the parents and children we support shared smiles, laughter, and precious memories together. Your support has truly brightened their lives — and we are so grateful. ♥



“ Thank you to the Home-Start Sutton team for organising this outing and helping with all the kids. I'm so very grateful for everything you all do.”
Home-Start family 7

The LBS Mayor's Charity of the Year!



We are absolutely thrilled and honoured to announce that we were chosen as the Mayor's Charity this year. This recognition not only highlights the hard work and dedication of our team but also underscores the significant impact of our efforts within the community. Being selected is a testament to our commitment to making a positive difference and supporting those in need.

As the Mayor's Charity of the Year, Home-Start Sutton is proud to receive support that will directly benefit families across the London Borough of Sutton. Every pound raised helps us provide essential emotional and practical support to parents and children facing difficult times.

This opportunity has enabled us to expand our reach and implement even more impactful programs and services. With the Mayor's support, we can look forward to increased visibility, which in turn can attract more volunteers, donors, and partners who share our vision. Together, we can build a stronger, more resilient community where everyone has the chance to thrive.

We extend our heartfelt gratitude to the Mayor and everyone involved in this selection process.

Fundraising events included:

Rotary Club of Carshalton Park Santa route

Phoenix Band Christmas Concert

Richard Clifton's Band playing Carols in St Nicholas Centre

Manor Park Easter Event t



Dear Friends and Supporters,

As Chair of Trustees for Home-Start Sutton, I'm thrilled to share our latest impact report and celebrate our work. Home-Start Sutton offers support to families facing challenges like perinatal mental health and isolation. This is my 21st year of involvement with Home-Start Sutton as a trustee, and I have seen it change and develop over the years as needs and priorities emerge. I am encouraged by the flexibility it embraces, whilst the core values of respecting the individuality and autonomy of families remain at the heart of its focus.

Our volunteers support parents with young children, preventing crises and empowering families to thrive. We create a network where parents and children can escape judgment and grow as individuals and within their role. Home-Start believes change comes from relationships, not systems. By addressing social and emotional needs, we ease pressures on public services and strengthen communities.

This year, we celebrate 41 years of dedication from our staff, volunteers, partners, and the families we serve. Their commitment highlights the ongoing need for our work. The positive impact is evident in the families we assist.

I'm proud to support this model of community care. Thank you for your support and belief in our mission.

Fran Boto
Chair of Home-Start Sutton



Watch our national 'Cries campaign' videos which highlights the many issues parents face



Our 2024/25 Round- Up

394

Supported children

204

Families supported

8750

Volunteer hours

59

Families supported by
Peer Advocacy Project

17

Different languages spoken
by Home Visiting Volunteers

152

Support Group Sessions

737

Individuals helped

50

Children taken on our
annual farm trip

50

Children attended our
East Event

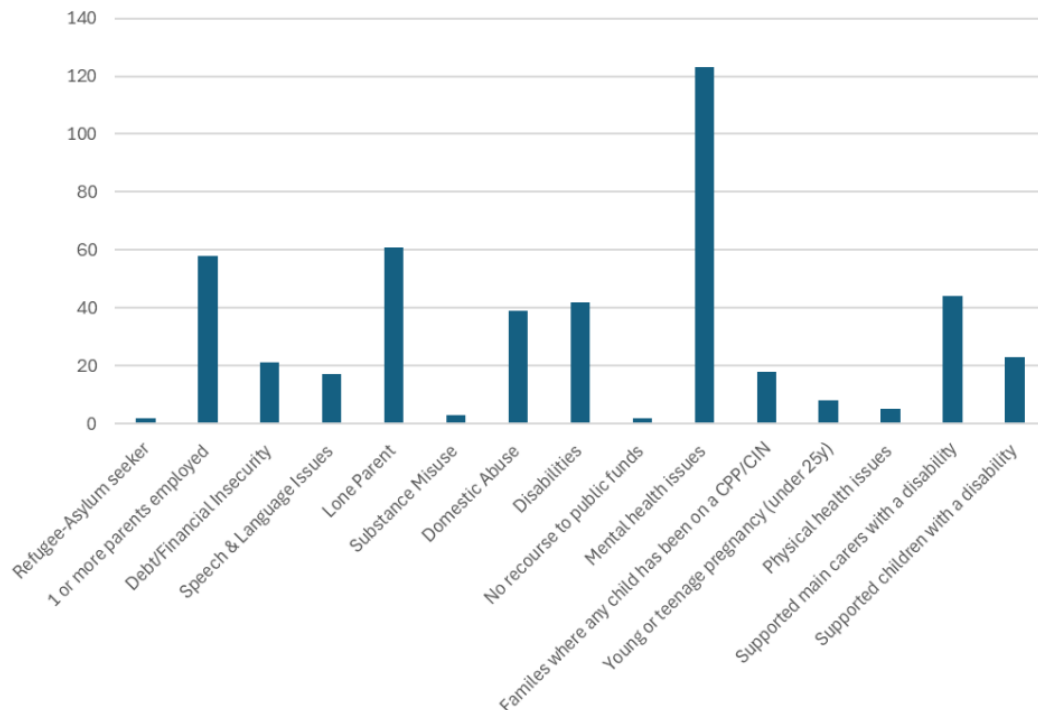
80

Children attended our
Christmas Party

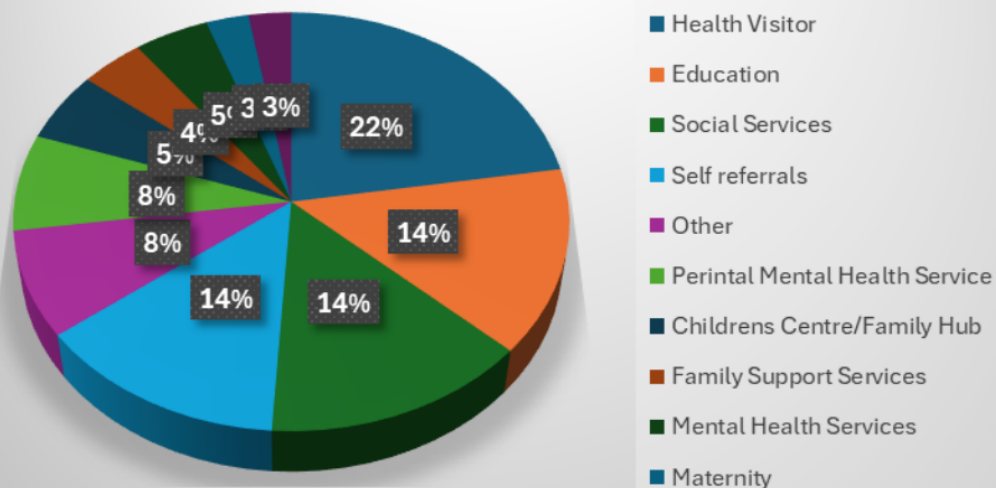


Family Circumstances 2024/25

Circumstances for 172 families



Where do our referrals come from?



Families Needs 2024/25



82% of families needed support with Managing Child Behavior

80% of families needed support with Child Development & Learning

40% of parents struggled with their Mental Health

40% of families were experiencing Low Self Esteem